

FOR IMMEDIATE RELEASE  
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### **Call for volunteers for Music Moves Mountains Foundation's "Feeding the Soul" music series**

OK & TX - - The Music Moves Mountains Foundation, a 501 (c) (3) non-profit organization offering music as a means of therapy and recovery, is seeking volunteers in the Oklahoma and Texas areas for its community program, the "Feeding the Soul" music series. The program aims to bring free music performance of all genres and sizes to those who are unable to access it due to their circumstance, physical or mental condition, or disability. The free music series kicked off last Thanksgiving to further the giving spirit beyond the table and shopping cart. The power of music has proven to not only lift up spirits and morale for those suffering, but it can also give encouragement, meaning, and hope by involving a human connection during a time that may be more depressing and challenging for some. Whether it be a child in a hospital, a veteran in a rehab facility, an elder in a memory care home, or a homeless family - there are plenty of people in need of nourishment, not just for their belly but for their soul as well. All volunteer work is counted as a charitable donation and is tax-deductible.

Types of volunteers seeking for the "Feeding the Soul" series are musicians of all types, music educators, music therapists, or those with musical experience and a passion for music and mankind. Anyone who becomes a volunteer with the Foundation will have priority for paid opportunities for future services. MMMF is currently in the fundraising and development phases with the goal to bring more fiscal opportunities for the music and therapy community while serving those in need.

The Music Moves Mountains Foundation was launched in 2012 in response to the lack of resources in the community to access music therapy and related services - especially for those who suffer mental or physical illness, disability, or are underserved. All donations to the Foundation are tax-deductible and will be utilized to offer free or affordable services and programs to those in need of music therapy, education, and community outreach.

For more information on volunteering, additional programs, requesting a service, or getting involved, visit [www.musicmovesmountains.org](http://www.musicmovesmountains.org) or contact the Director, Julie Frost, at [julie.frost@musicmovesmountains.org](mailto:julie.frost@musicmovesmountains.org).

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